

# Hilton CSD 2010 Summer Sports' Physicals & Fall rECERTS

## PHYSICALS @ HIGH SCHOOL

(for Freshman/JV/Varsity)

**BOYS - JULY 29<sup>th</sup>** 8:00 am – 10:00 am (last name begins A – L)  
10:00 am – 12:00 pm (last name begins M – Z)

**GIRLS - AUG. 5<sup>th</sup>** 8:00 am – 10:00 am (last name begins A – L)  
10:00 am – 12:00 pm (last name begins M – Z)

✓ If a student chooses to get their physical by their own doctor, **they still must be physically seen by the nurse to be re-certified.**

✓ **RE-CERTIFICATION** dates:

Thursday August 12 <sup>th</sup>	12:00pm-4:00pm
Friday August 13 <sup>th</sup>	8:00am-12:00pm
Monday August 16 <sup>th</sup>	7:00am-12:00pm
Tuesday August 17 <sup>th</sup>	7:00am-12:00 pm
Thursday August 19 <sup>th</sup>	12:00pm-4:00pm
Friday August 20 <sup>th</sup>	8:00am-2:00pm
Monday August 23 <sup>rd</sup>	8:00am-12:00pm

**\*Please note: physicals are valid for 1 year ONLY!**

All physicals and re-certifications take place at the **High School** Nurse's Office.

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## @ MERTON WILLIAMS (for modified)

**GIRLS - AUG. 12<sup>th</sup>** 8:00 am - 10:00 am

**BOYS - AUG. 12<sup>th</sup>** 10:00 am - 12:00 pm

✓ If a student chooses to get their physical by their own doctor, **they still must be seen by the nurse to be re-certified.**

✓ **RE-CERTIFICATION** dates:

Tuesday August 24 <sup>th</sup>	9:00am-1:00pm
Wednesday August 25 <sup>th</sup>	9:00am-1:00pm
Thursday August 26 <sup>th</sup>	12:00pm-2:00pm
Thursday September 2 <sup>nd</sup>	10:00am-12:00pm

**\*Please note: physicals are valid for 1 year ONLY!**

All physicals and re-certifications take place at the **Middle School** Nurse's Office

For further information: 585-392-1000 ext. 2136